News letter

Abiko

No. 245

March 1, 2015

Excerpts of the Newsletter issued by Abiko City

Readiness for disaster prevention and damage lessening

Four years are passing since the Great East Japan Earthquake on March 11, 2011. Please be reminded of sudden occurrence of natural disasters such as heavy earthquakes, typhoons, and floods. Abiko city has implemented preventive measures to minimize possible damages in the event of disasters by concluding agreements with the following private and municipal organizations.

1. Agreements on mutual aid with several municipalities
2. Agreements with 2 private companies on supply of necessities including temporal usage of parking lots
3. Agreements with 2 companies on emergency information service systems
4. Agreements with 8 welfare facilities on temporal use and management

The city's disaster prevention measures involve the following particulars.

1. Wells secured at 4 elementary schools to supply water for emergencies
2. An emergency storehouse at the Observatory Memorial Park, furnished with foods, toilets, rice cookers, generators, blankets, etc.

When you are far from your home in an earthquake on a massive scale,

1. First of all secure your own safety and stay at the nearby safe place.
2. Make sure about safety of your family through the emergency message service.
3. Try to get newest information on traffic and damage information.

Get ready for a sudden disaster

Prepare for a sudden disaster by carrying a radio and map when you go out, and keep your sneaker, flashlight, gloves, bottled water, foods, etc. at your working place, etc. Usually make sure among your family about the way to check mutual safety, meeting place, and the route for going home in an emergency case.

- When an announcement on disaster related news through the Community Public Address System is unclear, you can clarify it by free phone service at **0120-031676.**

Inquiry: City Hall, Public Safety Section　Ext. 217

Tax return due soon!

Dates: Income tax return may be filed from February 16 to March 16
Inquiry on Income tax return : Kashiwa Zeimu-sho (Tax Office) at 04-7146-2321
Inquiry on Municipal tax : Kazei-ka (Taxation Section) at 04-7185-1111 (ext. 357)

Banner Advertisement Wanted

Publication dates: April 1 to March 31, 2016 (1 month each, 12 months at most)
Fee: 20,000 yen per month
Banner standard: 50 pixels (length) × 130 pixels (width) 4 KB or less in size.
No animation is accepted.
Please bring or send your application (available on the city's website) to
Abikoshi, Hisho Kouhou-ka 270-1192, by March 16　Tel: 7185-1269

12th Cherry Blossom Viewing at Abiko Golf Course

Date: March 30　10:00 to 16:00 (canceled in case of rain)
Location: Abiko Golf Course, holes no. 13 and 16, and surrounding area
Fee: 100 yen (to be used for nurturing views in Abiko)
Parking lot: Gohon-matsu Undo Hiroba (at the event entrance)
You cannot enter from the club house. No food or drink, no smoking, no pets.
Unfortunately you can't play golf!　Please wear sports or walking shoes.
Inquiry: 090-6034-9149 (Abiko no Keikan wo Sodateru Kai)

Enjoy Organic Rice Planting !

Date/Time: Sundays in March to October　9:00~ noon
Place: Yatsu Museum's "Tanbo Hiroba"　You can receive some rice after harvest
Number: 20 people (kids less than elementary school age must be with parents)
Application: Write your name, address and phone number on the application and send to Abikoshi, Teganuma-ka 270-1192, by March 13, or call Ext. 465 or fax 7185-5869

Parent and Child Fishing Competition

Date/Time : March 21　8:30~12:00(canceled in case of rain)
Place: Kojoen fishing area (west side of Teganuma Park)
Numbers: 20 pairs (elementary school age children or older, and parents)
Fee: 500 yen (includes insurance)　Rental equipment (no personal fishing gear allowed)
Please apply by phone on or before March 13.
Inquiry: City Hall, Clean Teganuma Suishin Kyogikai Jimu-kyoku　Ext. 467,

Enjoy Papa Project (playing with your baby)

1. Date/Time: March 22 10:30~11:45 Booking: 7185-8882 (30 people)
   Place: Niko Niko Hiroba (play with papa)
2. Date/Time: March 7 and 21 11:00~11:20 Booking not needed 7185- 1936
   Place: Suku Suku Hiroba (sukusuku papa time)
3. Date/Time: March 14 11:00~11:45 Booking: 7185-2196 Fee: 50 yen/pair
   Place: Waku Waku Hiroba (wakuwaku papa)

Handicraft Classes-March 2015

The following short classes will be held in March. If you are interested in, please contact the "Fureai Koubo" : 7186-5500. Address: Aoyama 450, Abiko City

Name	Day/Time	Participants	Cost	Please bring
Samue kimono style jacket	10th, 17th 9:30 to 15:00	5 people	300 yen for each class	Wool kimono, thread, sewing set, lunch
Toys (wood craft class)	10th 10:00 to 12:00	5 people	300yen	Just yourself!
Hat (clothes club class)	11th 9:30 to 15:00	5 people	300 yen + 150 yen for materials	100 x 100 cm cloth, 50 x 50 cm liner cloth, sewing thread, sewing set, lunch
Study knife sharpening	21st 10:00 to 12:00	5 people	300 yen	1 or 2 hochou knives
Cotton basket (Cloth club class)	12th 10:00 to 15:00	3 people	300 yen	Cloth: 50 x 80 cm patterned, 50 x 80cm plain; compatible thread, sewing set, craft cotton 110g, lunch

Public Health Care Center Program- March 2015 Tel: 7185-1126

Maternity Class: (Shiawase Mama & Papa Gakkyu)	March 7, 14, 21 Call for an appointment	Expecting women of 20 weeks or over and their families
Consultation for 4month-old babies	March 3, 10	Those born Oct. 2014
Child Care Advice	March 4, 18 10 people/day	At Niko Niko Hiroba
Health Check-up for 18-month-old infants	March 12, 19	Infants born Jul.12-Aug 31, 2013
Dental check-up for 2 year and 8 month-old children	March 24	Those born Jul. 2012
Health check-up for 3 –year-	March 5	Those born Aug.8-31,

old children Health check-up for 5-year-old children	March 24	2011 Those born Mar.1-Apr.1, 2010
Weaning for 4-6 month-old babies for 8-9 month-old babies	 March 27 March 11	 First 30 mothers Those born June 2014 First 20
Health Exercises Class (Cancelled by rain. Call 7185-1112 for detail)	March 11 10 to 11am March 17 10 to 11am March 20 10 to 11am	Fusa Minami Park Kohokudai Chuo Park, Tennodai Nishi Park
Alcohol problem class Mental care class	March 6 14:30 to16:00 March 16 14:00 to 16:00	Holiday Clinic Holiday Clinic 7185-1111(ext.421)
Day care club *Abiday* Day care club *Araday*	March25 9:55 to noon March11 9:55 to noon	Abista No.2 room Shogaisha Fukushi Ctr. 7185-1111 (ext.381)

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1. Sudden Illness at Night or on Holidays

Call Fire Station at **7184-0119.** They will advise you an appropriate holiday/night emergency hospital or pediatrician. Before going there, talk with the hospital through telephone about your sickness or injury. In an imminent case **Call 119** for an ambulance.
(Holidays: Sundays, National Holidays, Year-End/New Year Holidays)

2. Child's Sudden Illness at Night – Telephone consultation

Call **#8000** or **043-242-9939** Hours: 19:00-22:00 / Every Night
A nurse or doctor will advise you about the care to be taken for your infant/child.

3. Getting sick or toothache on Holidays (Contact: Holiday Clinic at **7187-7020**)

(1) Dentist: 9:00 -11:30
(2) Internal Medicine and Pediatrician: 9:00 – 11:30 and 13:00 – 16:30
(Holidays: Sundays, National Holidays, Year-End/New Year Holidays)

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